



ZINSELER 2422 m

S Jaufental Valley, bus stop “St. Anton”
⌚ 4 h ⚡ 1382 m 🧭 ●●○○

Variant: **S** Gospeneid

⌚ 3 h ⚡ 1030 m

Ascent: From St. Anton, ascend on the right side of the stream and continue across a narrowing meadow all the way up into the forest. Climb straight through the forest, briefly crossing a narrow ridge to reach a meadow, then follow the path to the road just below the Wieslhof. From there, take the forest road into the Gospeneider Valley until the terrain opens up. Now keep to the right and ascend over beautiful, moderately steep slopes into a bowl beneath a saddle. Make a right-hand curve to reach the Gospeneider Jöchl mountain saddle (2,303 m). From there, turn left and follow a broad ridge up to the summit.

Descent: Same as ascent.

- S** Starting point
- ⌚ Total time
- ↔ Total distance
- 🔄 Circular hike
- ⚡ Altitude difference
- 🏔 Highest point
- 🛾 with tobogganing opportunity

🧭	○○○○	easy
🧭	●○○○	medium difficulty
🧭	●●●○	difficult
🧭	●●●●	with guide only



RÖTHENSPITZE 2441 m

S **P** Kaltenbrunn farmhouse group

4 h 1194 m ●●●●

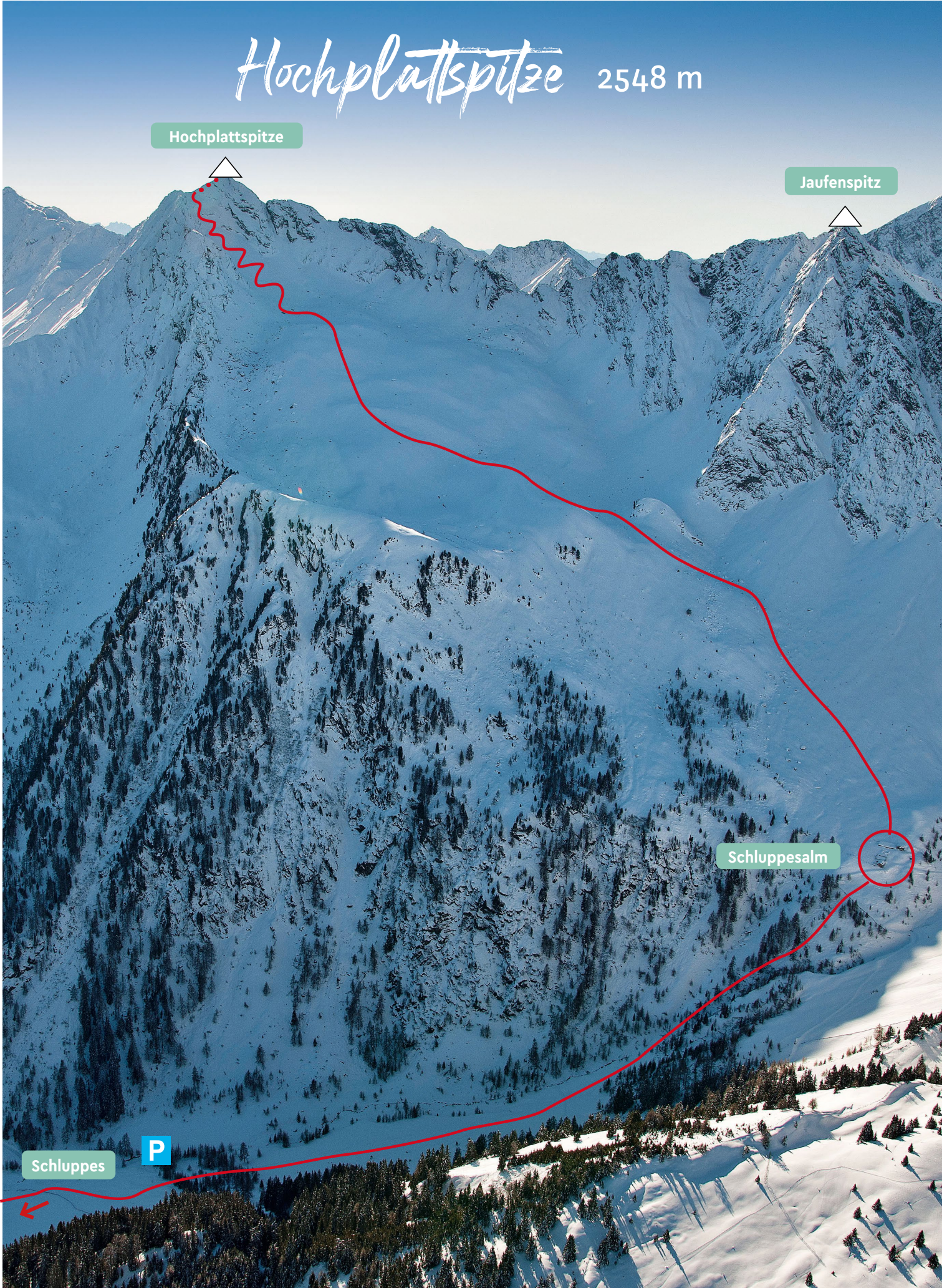
- S** Starting point
- Total time
- Total distance
- Circular hike
- Altitude difference
- Highest point
- with tobogganing opportunity

- easy
- medium difficulty
- difficult
- with guide only

Ascent: Shortly before reaching the farms of Kaltenbrunn, a forest road branches off to the right into the Sennerbergtal valley. Follow this road with moderate incline, always staying on the right side of the stream as you head into the valley. Pass the Simile and Sennerberg alpine huts on the right. After about 1.5 hours, you'll reach the junction to the Bärnfiechtalm alpine hut, which lies about 100 m above on the left. Continue following the valley on the left side until you reach the 1,643 m mark (as shown on the map), where you can ascend the steep step to the left (summer trail). Do not cross over to the hut on the left. Instead, keep diagonally to the right and ascend straight over open, scenic terrain until you reach point 2,064 m on the map. From here, turn left toward a small ridge, then continue straight ahead through small hollows to the left of the ridge until you reach the flat summit ridge. From there, it's a short left to the highest point.

Descent: Same as ascent.

Warning: After heavy snowfall, the valley up to the junction with the Bärnfiechtalm alpine hut is exposed to avalanche danger from the surrounding slopes!



HOCHPLATTSPITZE 2548 m
[S][P] Jaufental Valley, Schluppess, start of forest road Ungererhof
[L] 3 h [M] 800 m [D] ●●●○

Ascent: Follow the forest road gently into the valley. Alternatively, it's possible to ascend directly from the valley floor (1,625 m) via a steep ridge between two stream gullies to reach the Schluppessalm (1,825 m). From the alpine hut, head southeast towards a rounded knoll. Ascend to a small saddle (2,050 m) just to the left of it. Continue along the left edge of a depression further into the valley. Then, slightly left of the steeper terrain, ascend at a moderate incline to the base of the large summit slope (2,300 m). This slope becomes increasingly steep and is featureless – it should only be tackled under absolutely safe conditions. The best route leads along the left edge of the slope until approx. 2,450 m, where you traverse diagonally right, very steep (40–45°), to a small ledge (2,470 m). Continue steeply up to the ridge (2,510 m). If not already done below, this is a good place for the ski depot. Follow the narrow ridge to the right to reach the summit with cross. Impressive views down into the Wannser and Ontrat valleys.

Descent: Same as ascent. In spring, you can also descend from the Jaufenhaus to just above the alpine hut (approx. 140 vertical meters), then traverse back into the valley.

Note: Crampons and an ice axe are recommended in spring.

- [S] Starting point
- [L] Total time
- [M] Total distance
- [C] Circular hike
- [M] Altitude difference
- [H] Highest point
- [T] with tobogganing opportunity

●○○○ easy

●●○○ medium difficulty

●●●○ difficult

●●●● with guide only



FASNACHTER 2268 m

[S][P] Ratschingstal Valley, cable car valley station Ratschings-Jaufen

2 h 988 m ●○○○

- [S]** Starting point
- Total time
- Total distance
- Circular hike
- Altitude difference
- Highest point
- with tobogganing opportunity

- easy
- medium difficulty
- difficult
- with guide only

Ascent:

Option 1: From the parking lot at the valley station, follow the wide forest road moderately steeply uphill with several switchbacks to the Kaserlichtalm alpine hut.

Option 2: The more challenging route follows the ski touring trail along the Mahlbach stream, steeply ascending through dense forest to the Kaserlichtalm alpine hut, then continues moderately steep through the forest until you meet the ski slope to the right of the Saxnerhütte alpine hut. From there, follow the right side of the slope over nicely tiered terrain to the Jaufen ridge right of the Saxner lift mountain station, then continue west along the broad ridge to the summit.

Descent:

Option 1: From the Kaserlichtalm alpine hut head east and reach the slope in a few minutes. Then descend via the ski slope.

Option 2: From the summit, return the same way until you reach the ski slope, then continue down the ski slope (not through the forest).

Pistes are closed after 5:00 PM for safety reasons.



SAXNER 2358 m

S**P** Ratschingstal Valley, before Flading, where the road goes downhill again

2,5 h 858 m ●●○○

- Starting point
- Total time
- Total distance
- Circular hike
- Altitude difference
- Highest point
- with tobogganing opportunity

- easy
- medium difficulty
- difficult
- with guide only

Ascent: Follow the forest road for about 1.5 km. After a right-hand hairpin turn, turn left onto another forest road. After another right-hand hairpin, leave the forest road and climb steeply for a short stretch on a trail through dense forest until you reach another forest road, just to the right of the so-called Waldhüttl alpine hut (1744 m). Do not head toward the hut but continue straight across an open area and then through the forest until you reach the path again. Continue straight uphill through sparse forest until you reach the open alpine meadow above the treeline at two alpine huts (1822 m). Pass the hut on the right and head diagonally right up the long hollow. Now climb the entire hollow on the left side of the Saxner North Ridge up to the saddle. From there, go right on a slightly steeper section to the Saxner summit.

Descent: Same as the ascent; at the left-hand hairpin (in descent direction) at 1620 m, do not ski straight down (young forest!).



FLECKNER 2331 m

S **P** Ratschingstal Valley, before Flading, where the road goes downhill again

2,5 h 831 m ●●○○

- S** Starting point
- Total time
- Total distance
- Circular hike
- Altitude difference
- Highest point
- with tobogganing opportunity

- easy
- medium difficulty
- difficult
- with guide only

Ascent: Follow the forest road for about 1.5 km. After a right-hand hairpin turn, turn left onto another forest road. After another right-hand hairpin, leave the forest road and climb steeply for a short stretch on a trail through dense forest until you reach another forest road, just to the right of the so-called Waldhüttl alpine hut (1744 m). Do not head towards the hut, but continue straight over an open area and then through the forest until you reach the path again. Continue straight uphill through sparse forest until you reach the open alpine meadow above the treeline at two alpine huts (1822 m). Pass the hut on the right and head diagonally right up the long hollow. Now climb up the entire hollow on the left side of the Saxner North Ridge to the saddle. From the saddle, go over the ridge to the left to the summit with the cross.

Descent: Same as the ascent; at the left-hand hairpin (in descent direction) at 1620 m, do not ski straight down (young forest!).



GLAITNER HOCHJOCH

S P Ratschingstal Valley, before Flading, where the road goes downhill again

2,5 h 889 m ●●○○

- Starting point
- Total time
- Total distance
- Circular hike
- Altitude difference
- Highest point
- with tobogganing opportunity

- easy
- medium difficulty
- difficult
- with guide only

Ascent: From the parking lot, head right and climb somewhat steeply through a wooded area to a clearing. Now follow the summer trail No. 10 to the right through a sparse forest with tall trees. At 1660 m and 1680 m, you will cross the forest road twice. Where it gets briefly steep, climb diagonally right to reach the trail again at a curve marked with a cross. Continue straight until you reach a game fence and cross open terrain to the Inner Wumblsalm (1906 m). Above the alpine pasture, head diagonally right into a saddle left of a hill (1960 m). Then go left over a ridge into a plateau (2060 m). Climb right of the ridge through hollows until, at 2200 m, you reach the broad ridge on the left. Follow this ridge up to the crest (2360 m). From there, go right over two small rises and reach the summit with a cross in about 10 minutes.

Descent: Same as the ascent.

Note: You can also ascend above the Inner Wumblsalm to the Glaitner Joch and then continue along the ridge (west) to the Glaitner Hochjoch.

Kleine Kreuzspitze 2518 m



KLEINE KREUZSPITZE 2518 m

S **P** Ratschingstal Valley, in Flading

3 h 1036 m ●●○○

- S** Starting point
- Total time
- Total distance
- Circular hike
- Altitude difference
- Highest point
- with tobogganing opportunity

- easy
- medium difficulty
- difficult
- with guide only

Ascent: Cross the bridge and follow the forest road uphill, which leads right through a short wooded area. At a corner near a forest clearing, turn left into open terrain. Now go straight up until just below a rocky steep section. Ascend diagonally right over a ramp onto a knoll, reaching a plateau at Klamalm alpine hut (1925 m). Continue straight ahead on flat ground, then after a corner turn left into the wide valley. Always stay left and climb over beautiful slopes up to a ridge that leads to a saddle (approx. 2250 m) between a steep ridge on the right and the mountain of Flading/Valettina on the left. Now you can see the Kleine Kreuzspitze summit. From the saddle, head slightly diagonally right into the large hollow and then up the steep summit slope to the peak.

Descent: Same as the ascent.

Hohe Kreuzspitze 2743 m



HOHE KREUZSPITZE 2743 m

S **P** Ratschingstal Valley, in Flading

4 h 1261 m ●●●○

- S** Starting point
- Total time
- Total distance
- Circular hike
- Altitude difference
- Highest point
- with tobogganing opportunity

- easy
- medium difficulty
- difficult
- with guide only

Ascent: Cross the bridge and follow the forest road uphill, which leads right through a short wooded section. At a corner near a forest clearing, turn left into open terrain. Now go straight up until just below a rocky steep step. Ascend diagonally right over a ramp onto a knoll leading to a plateau at Klammalm alpine hut(1925 m). Continue straight ahead on flat ground and after a corner turn left into the wide valley.

After Klammalm, on the flat valley floor, there is an old wall on the right. Cross over it and climb a very steep slope on the right into a plateau with Butsee lake (2400 m). Now ascend a large, long ramp over moderately steep terrain into a hollow on the left. Keeping left under a notch, continue over a slope to the summit ridge. Here set up a ski depot. From there, head left to the summit.

Descent: Same as the ascent.



HOCHSPITZ 2424 m
S P Ridnauntal Valley, Community House
🕒 3 h 📏 1094 m 🏔️ ●●○○

- S** Starting point
- 🕒 Total time
- 📏 Total distance
- 🔄 Circular hike
- 📏 Altitude difference
- 🏔️ Highest point
- 🛷 with tobogganing opportunity

- 🏔️ ●○○○ easy
- 🏔️ ●●○○ medium difficulty
- 🏔️ ●●●○ difficult
- 🏔️ ●●●● with guide only

Ascent: From Ried, cross the valley floor to the wooden bridge. Cross the bridge and ascend a steep hollow to the right of the stream, below the Steinhof farm. Above the fence, keep left until you reach a surfaced path, then continue along it, bearing right. Follow a forest road into the Valtigtal valley. Where the road makes wide switch-backs to the left, you can take a shortcut straight ahead along the right side of the stream. Continue along the right-hand side of the stream until you reach the Valtiglalm alpine hut (1,741 m), where the valley is blocked by a rocky barrier. Proceed to the base of the rock step and ascend the slope to the right, which narrows towards the top and ends to the left at the exit of a gully. Traverse left onto the ridge and continue along it until you reach a small alpine hut on the now flatter terrain. Continue across several small hollows to reach the Entholzer Alm alpine hut (2,039 m), which you pass on the left. In safe snow conditions, you can also reach the Entholzer Alm from the Kaserstattalm by ascending the left-hand slope. Climb moderately up to a rounded ridge, then continue to the right below the steep summit slope, keeping to the right, until you reach the summit cross.

Descent: Same as ascent.

Ratschinger Kreuz 2359 m



RATSCHINGER KREUZ 2359 m
[S][P] Ridnauntal Valley, Community House
[Clock] 3 h **[Mountain]** 1029 m **[Hiker]** ●●○○

Ascent: From Ried/Novale, cross the valley floor to the wooden bridge. Cross the bridge and ascend a steep hollow to the right of the stream, below the Steinhof farm. Above the fence, continue left on a gentle incline along the stream into the valley until you reach a path. Follow this path to the right and continue along the road. Then take the forest road into the Valtigtal valley. Where the road bends left in switchbacks, you can take a shortcut directly along the right side of the stream. This leads into a flat, open valley. Continue straight ahead on the right side of the stream until you reach the Kaserstattalm alpine hut (1,795 m). At this point, the valley is blocked by a rocky barrier. Hike up to the base of the rocks, then ascend the slope on the right, which forms a triangular shape. This slope narrows toward the top and ends beneath cliffs, to the left at the mouth of a gully. Traverse left onto a ridge that leads to a small alpine hut on the flat floor of the upper valley. From here, cross several small hollows to reach the Entholzer Alm alpine hut (2,039 m), which you pass on the left. In stable snow conditions, it is also possible to reach the Entholzer Alm directly from the Kaserstattalm by ascending the left-hand slope. Continue straight toward the Ratschinger Joch mountain saddle, then turn right to the summit with a summit cross.

Descent: Same as ascent.

- [S]** Starting point
- [Clock]** Total time
- [Double Arrow]** Total distance
- [Circular Arrow]** Circular hike
- [Mountain]** Altitude difference
- [Star]** Highest point
- [Sled]** with tobogganing opportunity

- [Hiker]** ●○○○ easy
- [Hiker]** ●●○○ medium difficulty
- [Hiker]** ●●●○ difficult
- [Hiker]** ●●●● with guide only



EINACHTSPITZE 2304 m

S **P** Ridnauntal Valley, bus stop “Gasse”

2,5 h 865 m ●●○○

Ascent: Follow the piste uphill for a short distance, then above the farms of Entholz, cross meadows to the left edge of the forest to a farm building. Just past this, take the summer trail (marked no. 25) through the forest to the right of the stream, ascending until you reach a forest road coming in from the left. Follow this road to the right until the junction with the sign “Joggelealm / Einachtspitze.” Continue right on the forest road to the Wildenhütte (1,930 m) at the forest edge. From there, ascend straight over open terrain, pass a hay barn on a hill to the right, then cross left towards the already visible Joggelealm alpine hut (2,070 m). From here, head diagonally left uphill towards the northeast ridge of Einachtspitze. Climb through a wide hollow, then make a short traverse left onto the ridge. Follow the ridge, occasionally staying slightly left of it, passing a small rocky outcrop on the right. Continue briefly over a broad ridge to the summit.

Descent: Return the same way to Wildenhütte, or – if snow conditions are safe – descend directly over the northeast flank. Continue down the forest road, then turn right downhill to a wider section of the road. From there, descend left through tall forest, keeping to the left until the end of the small valley. Cross the stream to the left, where you reconnect with the ascent route. Finally, cross the meadows diagonally left to the parking lot.

- S** Starting point
- Total time
- Total distance
- Circular hike
- Altitude difference
- Highest point
- with tobogganing opportunity

- easy
- medium difficulty
- difficult
- with guide only



RATSCHINGER WEIßE 2822 m

S**P** Ridnauntal Valley, Maiern State Mining Museum

5 h 1396 m ●●●○

S Starting point

Total time

Total distance

Circular hike

Altitude difference

Highest point

with tobogganing opportunity

●○○○ easy
 ●●○○ medium difficulty
 ●●●○ difficult
 ●●●● with guide only

Ascent: You first follow the forest road uphill through several switchbacks and then enter the Lazzacher Valley. Cross the first bridge and continue ascending along the left side of the valley. After approximately 6 km, take the left fork at the trail junction. After the junction, continue around the mountain ridge to the right until you reach the ruins of the old Poschhaus. Keep going further into the valley until you reach the last bridge at around 2,200 m. Continue straight into the valley, then climb to the right of a gorge over a ridge and up onto a plateau (2,400 m). Go left around a hill and enter the flat upper valley above the gorge. Continue through several hollows until you reach the base of the Sandjoch mountain saddle (2,550 m). From here, keep left and head up to the summit face. Climb straight up, then to the right onto the ridge (2,760 m). From here, ascend diagonally left on a very steep slope to reach the narrow summit ridge (2,790 m). Follow the ridge to the right (you may need to carry skis briefly) and descend a few meters into a small notch. On the other side, make a short but steep climb up to the summit plateau and to the highest point marked by a metal pole. The actual summit cross is slightly lower and a bit farther ahead.

Descent: Same as ascent.

Warning: After heavy snowfall, the route into the Lazzacher Valley is prone to avalanches.



GLECKSPITZ 2583 m

S **P** Ridnauntal Valley, Maier State Mining Museum

4 h 1157 m ●●●○

- Starting point
- Total time
- Total distance
- Circular hike
- Altitude difference
- Highest point
- with tobogganing opportunity

●○○○

easy

●●○○

medium difficulty

●●●○

difficult

●●●●

with guide only

Ascent: Begin by following the forest road uphill through several switchbacks, then continue into the Lazzacher Valley. Cross the first bridge and keep ascending on the left side of the valley. After about 6 km, at a fork in the path, take the left route. About 400 m after the junction, at the first stream coming in from the left (approx. 2,030 m), leave the trail. Climb up to a plateau to the right of the stream. From here, the steep summit face of the Gleckspitze becomes clearly visible. Continue on the right side of the stream channel, heading directly toward the summit, and ascend a slope into a flatter area at around 2,250 m. Keep going straight, then veer slightly left into a flat basin (2,350 m). Continue through a hollow and ascend leftward onto a small shoulder (2,460 m). From here, climb diagonally right onto a ridge. This may be a good place to leave your skis. Continue straight ahead or climb to the ridge on the left and follow it rightward to the summit marked by a small cross.

Descent: Same as ascent.

Zunderspitze 2381 m



ZUNDERSPITZ 2381 m

[S][P] Ridnauntal Valley, Maiern towards Bergl, at the 3rd bridge on the right

3 h 1011 m

Variant: **[S]** Ridnauntal Valley, fire station hall;
[P] At fire station hall, right to Braunhöfe, parking lot on the right after the bridge

3 h 961 m ●●○○

Ascent: Shortly before reaching the village of Maiern/Masseria in the rear Ridnauntal Valley, turn right at the fire station towards the hamlet of Braunhöfe and park just after the bridge on the right. Walk back to the fire station, where trail no. 29 begins. This trail leads to the Untere Gewingesalm alpine hut. From there, keep right and ascend steeply across the slopes at first, then more gently until you reach the Obere Gewingesalm alpine hut. From the hut, continue climbing moderately to a rounded ridge, then keep left toward the steep slope and ridge of the Zunderspitze. Follow the ridge all the way to the summit cross. If needed, you can leave your skis at the start of the ridge and continue on foot to the summit.

Descent: Same as ascent.

- [S]** Starting point
- Total time
- Total distance
- Circular hike
- Altitude difference
- Highest point
- with tobogganing opportunity

- easy
- medium difficulty
- difficult
- with guide only